



## John Rollins Recreation Center

674 Prairie Avenue

**Monday/Wednesday**

**Tuesday/Thursday**

<p><b>After School Hoops</b> <i>One-on-One Basketball</i> Have fun learning to become a better basketball player at our after school clinics, through drills, fun contests, and team competition. For beginners and future pros come out to experience playing basketball while having a great time and being part of a team.</p>	<p><b>After School Soccer</b> <i>One-on-One Basketball</i> Have fun learning to become a better soccer player at our after school clinics, through drills, fun contests, and team competition. For beginners and future pros come out to experience playing soccer while having a great time and being part of a team.</p>
<p><b>Rockstar Boxing &amp; Fitness</b> <i>Team Rockstar Sports</i> Rockstar Fitness &amp; Boxing is a great program geared towards utilizing fitness and boxing as a coping skill to manage life's stress and improve overall health and wellness. We have fun creative ways for team building, and personal challenges! Our program becomes a safe space for all to learn to be their best selves!</p>	<p><b>Basketball with HUDO</b> <i>Hispanic United Development Organization</i> Basketball drills with Hispanic United Development Organization; all instructors are fluent in Spanish.</p>

## Neutaconkanut Recreation Center

675 Plainfield Street

**Monday/Wednesday**

**Tuesday/Thursday**

<p><b>After School Soccer</b> <i>One-on-One Basketball</i> Have fun learning to become a better soccer player at our after school clinics, through drills, fun contests, and team competition. For beginners and future pros come out to experience playing soccer while having a great time and being part of a team.</p>	<p><b>After School Hoops:</b> <i>One-on-One Basketball</i> Have fun learning to become a better basketball player at our after school clinics, through drills, fun contests, and team competition. For beginners and future pros come out to experience playing basketball while having a great time and being part of a team.</p>
<p><b>Basketball with HUDO</b> <i>Hispanic United Development Organization</i> Basketball drills with Hispanic United Development Organization; all instructors are fluent in Spanish.</p>	<p><b>Cheerleading</b> <i>ASTRO</i> The Cheerleading Program will teach a combination of tik-tok dances and basic cheers! Participants will prepare to perform their cheer routine for an audience whether that be virtual or live. This program will prove that cheerleading is in fact a physical and mental sport and that not all cheerleaders are the same! Join the team to become a better athlete while developing trust, dedication and determination within yourself and towards your teammates.</p>



## Online

*Join from your computer*

<p><b>Photography Club</b> (90 min) <i>Jonathan Stark</i> Your world is amazing, even when it seems that it is not. The photography program will give you the tools to see and explore your environment in new and exciting ways. You will create world class photographs that celebrate your unique vision.</p>	<p><b>Yoga</b> (90 min) <i>Doreen Grasso</i> Reduce stress and calm your mind by focusing on your inner light. Breathing, strength, flexibility and mindfulness help you be a better you! All you needed are some comfortable clothes and an open mind!</p>
<p><b>Culinary Academy</b> (90 min) <i>Genesis Center</i> Cook with us in the Genesis Culinary Academy! Pick up your ingredients each week, then watch our chef's presentation showing you how to prepare a fun recipe. Follow the instructions to make the recipe at home. After you make your recipe, participate in a video meeting with your team to share your project and see your friends' results, too. Learn how to cook by making a variety of recipes from scratch, including favorite foods like pizza, tacos, and desserts.</p> <p><b>**Mondays Only**</b></p>	<p><b>Fashion Springboard</b> (90 min) <i>Fountain Street Creative</i> Become a Design Star! Learn the art of fashion design to create your own style by applying your new knowledge of the principles and elements of design, use of styles, colors, seasons, fabrics, textures and trend mood boards. Grab the opportunity to draw your own designs, look into the history of the fashion industry, and advance on crafting techniques alongside an industry designer.</p>
<p><b>Artist in Focus</b> (90 min) <i>RISD Museum</i> Explore artists in the RISD Museum collection through hands-on projects and discussion. This virtual program will provide art-making materials for participants. No art-making experiences required.</p> <p><b>**Wednesdays Only**</b></p>	<p><b>Gentleman's Academy</b> (45 min) <i>Christian Martinez</i> Young Men who participate in Gentlemen's Academy work with a mentor and their peers to learn about life skills, college and career readiness, and many more topics. The Gentlemen also serve their community, while creating a positive brotherhood that combats the traditional narrative of young men of color. In the past, Gentlemen have participated in college visits, financial literacy classes, community service, and social events. Let Gentlemen's Academy support you in your growth, while you also help your community grow.</p>
<p><b>Global Citizens Club</b> (90 min) <i>Brown University After School Model United Nations Program</i> Global Citizens Club will encourage students to become well-informed global citizens by attending the first-ever Virtual Brown University Simulation of United Nations conference at Brown in the fall; exploring and discussing solutions to different international, national, and local issues; and practicing defending opinions with peers and in-depth research. Get to know and be mentored by Brown University students!</p>	<p><b>Ecology Club</b> (45 min) <i>Charles DeLavoi</i> Ecology club is a place for making change. We will define environmental problems in our neighborhoods and schools. We will use plants to both to beautify our communities and to support pollinators such as butterflies and birds. Further, we will use technology to identify and monitor the plants, animals, and fungi that we observe in our project spaces.</p>